SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Skin Care Theory II

CODE NO.: EST 164-4 SEMESTER: 2

PROGRAM: Esthetician

AUTHOR: Silvana Bassanello

DATE: Jan 2006 PREVIOUS OUTLINE DATED: N/A

APPROVED:

DEAN DATE

TOTAL CREDITS: 4

PREREQUISITE(S): EST140 – Physiology of Skin

EST142 - Skin Care Theory I

HOURS/WEEK: 4

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For additional information, please contact the Dean,

School of Health and Human Services

(705) 759-2554, Ext. 2603

Code #

I. COURSE DESCRIPTION:

This course is designed to provide students with more in depth knowledge of skin disorders and to determine which disorders can be treated and which require medical attention.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. List and analyze the benefits and contraindications associated with facial equipment including: the facial steamer, Lucas spray, brushing machine, vacuum and spray unit, high frequency, galvanic current, disincrustation and iontophoresis.

Potential Elements of the Performance:

- Identify skin types, their characteristics and contraindications
- Identify skin conditions, their characteristics and contraindications
- Recognize skin conditions which are treatable
- Demonstrate the safe and appropriate use of all facial equipment
- Demonstrate proper disinfection methods of all facial equipment
- Demonstrate proper set up procedures of facial equipment prior to facial treatment
- Explain advanced ingredient technology in the formulation of skin care products.

Potential Elements of the Performance:

- Discuss the five classifications of esthetic products and their functions and benefits
- Discuss the uses and benefits of serums
- Explain the advances of delivery systems in skin care products
- Discuss high tech ingredients beneficial for improving cell metabolism and oxygenation
- Differentiate between natural ingredients and biotechnological ingredients
- 3. Analyze the anatomy of a basic facial

Potential Elements of the Performance:

- Differentiate between a minifacial and a basic facial
- List the seven phases of a basic facial
- Describe the proper set up procedures for the client, products and equipment prior to the facial treatment
- Identify skin types, their characteristics and contraindications
- Identify skin conditions, their characteristics and contraindications
- Analyze the benefits and contraindications of facial equipment
- Name and describe the five classic massage movements

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4. Analyze and compare treatment concepts for mature, sensitive and acneic skin.

Potential Elements of the Performance:

- Explain advanced ingredient technology and its benefits for specific skin types
- Explain the benefits of serums
- Describe the seven phases of a basic facial
- Identify conditions which affect mature, sensitive and acneic skins
- Identify contraindications to treatment
- Highlight intrinsic and extrinsic factors which cause skin conditions
- Employ the proper use of facial equipment and explain the benefits associated with their use
- Demonstrate a facial massage during treatment
- Knowledge of NatureMed product line
- Describe proper and sanitary extraction procedures
- 5. Analyze and formulate a basic facial treatment for men.

Potential Elements of the Performance:

- Identify factors in dealing with a male client
- Identify characteristics of men's skin
- Identify skin conditions commonly found with men's skin
- Discuss and use facial equipment
- Knowledge of NatureMed product line
- Recall the five classic massage movements
- Describe proper and sanitary extraction procedures
- 6. Demonstrate the professional image necessary in the field of esthetics.

Potential Elements of the Performance:

- Punctual and regular attendance
- Comply with Policies and Procedures regarding physical appearance and dress code
- Adhere to policies outlined in the Student Code of Conduct
- Demonstrate accountability for your own academic and professional arowth
- Demonstrate effective communication skills

III. **TOPICS:**

- 1. Machines
- Mature/Aging Skin and Treatment Concepts 2.
- 3. Sensitive Skin and Treatment Concepts
- Acneic/Problematic Skin and Treatment Concepts 4.
- 5. The Male Client
- 6. Ingredients
- Massage 7.
- Extractions 8.

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Same as Semester One

V. EVALUATION PROCESS/GRADING SYSTEM:

Tests 60 %

Project 30 %

Professional Image 10%

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	Grade Point <u>Equivalent</u>
A+ A	90 – 100% 80 – 89%	4.00
В	70 - 79%	3.00
C D	60 - 69% 50 - 59%	2.00 1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR W	Grade not reported to Registrar's office. Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

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VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in Student Code of Conduct. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. **DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.